GO

The Better *Trip Planner*

A six-page workbook for choosing the right place, shaping a realistic budget, and leaving enough room for wonder.

START HERE

THIS PLANNER BELONGS TO

DREAM DEPARTURE

Print it, write freely, and use pencil. A good plan is allowed to change.

01 / BEGIN WITH WHY

What should this trip feel like?

Before comparing flights, name the feeling you want to come home with. This keeps the plan coherent when options multiply.

My trip north star is...

THE FIXED PIECES

Possible dates

Number of travelers

Starting airport

Maximum trip length

THE HUMAN PIECES

Energy level

Must-have moment

Hard no

One indulgence

CIRCLE YOUR PACE

RESTFUL | **BALANCED** | **FULL** | **INTENSE**

Tip: A destination is a fit only if it works with your real time, budget, and energy.

02 / CHOOSE WITH INTENTION

Score the shortlist.

Rate each place from 1 to 5. Use current flight and lodging research, not wishful estimates. The total is a prompt, not a command.

DESTINATION	VALUE	WEATHER	FIT	EASE	TOTAL
1.					
2.					
3.					
4.					
5.					

THE PULL

What makes you lean closer? Name three specific moments, not generic attractions.

THE FRICTION

What could make the trip stressful or expensive? Decide what you can solve and what you will accept.

THE PLACE I AM CHOOSING

03 / BUILD THE BONES

Make room for the place.

Give each day one anchor. Add a meal or neighborhood, then protect the open space. Transfer days count as real days.

DAY	ONE ANCHOR	AREA OR MEAL	OPEN SPACE
1			
2			
3			
4			
5			
6			
7			

THE 70 PERCENT RULE

If more than 70 percent of your waking hours are scheduled, remove one thing before adding another.

04 / SPEND ON PURPOSE

Give every dollar a job.

Estimate the complete trip, keep a buffer, and decide which experiences deserve priority before urgency makes the decision for you.

CATEGORY	ESTIMATE	ACTUAL	NOTES
Flights / long-distance transport			
Lodging			
Local transport			
Food and drink			
Tours and tickets			
Insurance / documents			
Shopping / extras			
10-15% buffer			

WORTH THE SPLURGE

EASY PLACE TO SAVE

05 / CHECK, THEN COMMIT

Your calm-before-booking list.

Confirm the things that are expensive to undo. Then book, close the tabs, and let anticipation do its work.

ROUTE + RULES

- [ ] Passport validity checked
- [ ] Entry and transit rules checked
- [ ] Arrival and departure airports match
- [ ] Transfer time is realistic

MONEY + PROTECTION

- [ ] Cancellation terms read
- [ ] Insurance needs decided
- [ ] Foreign fees reviewed
- [ ] Emergency buffer protected

ON THE GROUND

- [ ] First night confirmed
- [ ] Critical tickets reserved
- [ ] Offline maps downloaded
- [ ] One unscheduled block preserved

THE PROMISE

I will plan the trip, not every minute of it.

SIGNATURE

DATE

Need destination inspiration? Visit Nooora for curated guides to Kyoto, Santorini, and Patagonia.